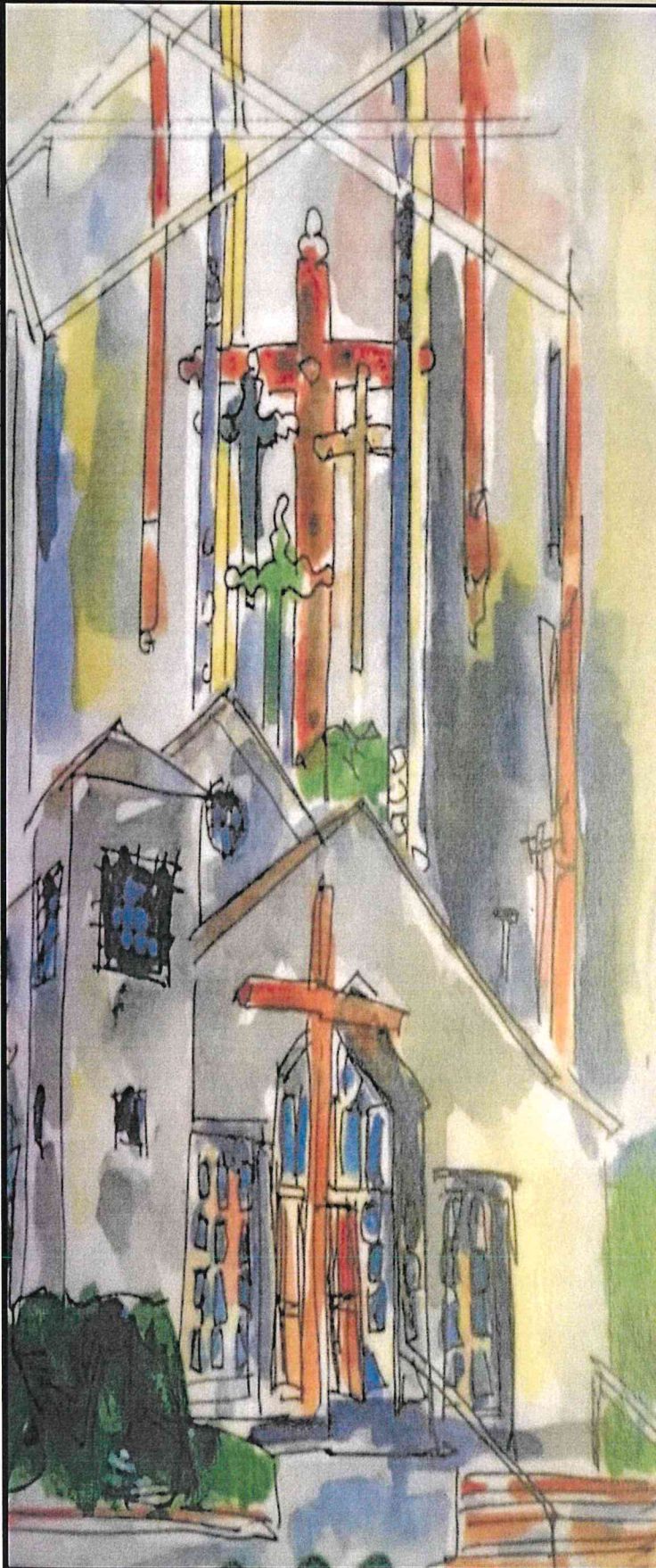


ST. PETER CATHOLIC CHURCH

700 ODDSTAD BLVD., PACIFICA, CA 94044



Contact Information

Parish Office	650-359-6313
Facsimile	650-359-2262
Elementary Religious Education	650-359-5000
7th & 8th Grade Confirmation	650-359-7178
E-mail	stpeterpacifica@comcast.net
Website	https://stpeterpacifica.org
Facebook	www.facebook/stpeterpacifica

Sacrament of Eucharist

Mass Schedule

Weekend Mass

Saturday: 4:30 P.M.

Sunday: 8:30 A.M. and 11:00 A.M.

Weekday Mass

Monday: 5:30 P.M.

Tuesday, Wednesday, Thursday & Fridays: 8:30 A.M.

Holy Day Mass

Vigil: 4:00 P.M. Day: 8:30 A.M. & 7:30 P.M.

Sacrament of Reconciliation

Saturday: 3:30 P.M. — 4:00 P.M., or by appointment.

Sacrament of Baptism

Contact Sister Hilda Sandoval, 2 months in advance.

Sacrament of Marriage

Contact the Parish Office, 6 months in advance.

January 12, 2025

The Baptism of the Lord

Jesus is the beloved Son of the Father.

He is the light of the nations and

Lord of all creation.

To Him be all glory and praise

ST. PETER CATHOLIC CHURCH

PARISH STAFF

REVEREND JEROME P. FOLEY, Pastor.

SISTER HILDA SANDOVAL, M.F.P., Pastoral Associate and Director of Faith Formation,
hilsandoval63@gmail.com.

MR. ANTONIO EIRAS, Director of Music Ministry, tonyeiras@mac.com.

MS. VERA GONZALEZ, Office Manager

Mr. Tim Durkin, Outreach to the Elderly and Homebound

PARISH COUNCIL
 Mrs. Kathleen Bissell, Chair

LITURGY COMMITTEE
 Mrs. Eileen Barsi, Chair

FINANCE COMMITTEE
 Mr. Dale Fajardo, Chair

MASS INTENTIONS JANUARY 13-19, 2025

Mon	13	5:30 P.M.	†Robert Durkin
Tue	14	8:30 P.M.	†Ines Kerr
Wed	15	8:30 A.M.	†Vince Regan
Thu	16	8:30 A.M.	The Regan Family
Fri	17	8:30 A.M.	Herb Rosen
Sat	18	4:30 P.M.	†Ken Zink
Sun	19	8:30 A.M.	†Nydia Newman
		11 A.M.	People of St. Peter

WEEKDAY READINGS

		<i>Saint Hilary, Bishop, Doctor of the Church</i>
Mon		Reading <i>Hebrews</i> 1:1-6
13		Responsorial Psalm <i>Psalm</i> 97:1,2b,6,7c,9
		Gospel <i>Mark</i> 1:14-20
Tue		Reading <i>Hebrews</i> 2:5-12
14		Responsorial Psalm <i>Psalm</i> 8:2a,5-9
		Gospel <i>Mark</i> 1:21-28
Wed		Reading <i>Hebrews</i> 2:14-18
15		Responsorial Psalm <i>Psalm</i> 105:1-4,6-9
		Gospel <i>Mark</i> 1:29-39
Thu		Reading <i>Hebrews</i> 3:7-14
16		Responsorial Psalm <i>Psalm</i> 95:6-11
		Gospel <i>Mark</i> 1:40-45
		<i>Saint Anthony, Abbot</i>
Fri		Reading <i>Hebrews</i> 4:1-5,11
17		Responsorial Psalm <i>Psalm</i> 78:3,4bc,6c-8
		Gospel <i>Mark</i> 2:1-12
Sat		Reading <i>Hebrews</i> 4:12-16
18		Responsorial Psalm <i>Psalm</i> 19:8-10,15
		Gospel <i>Mark</i> 2:13-17
		SECOND SUNDAY IN ORDINARY TIME
Sun		Reading I <i>Isaiah</i> 62:1-5
19		Responsorial Psalm <i>Psalm</i> 96:1-3,7-10
		Reading II I <i>Corinthians</i> 12:4-11
		Gospel <i>John</i> 2:1-11

GIFT CARDS FOR SALE

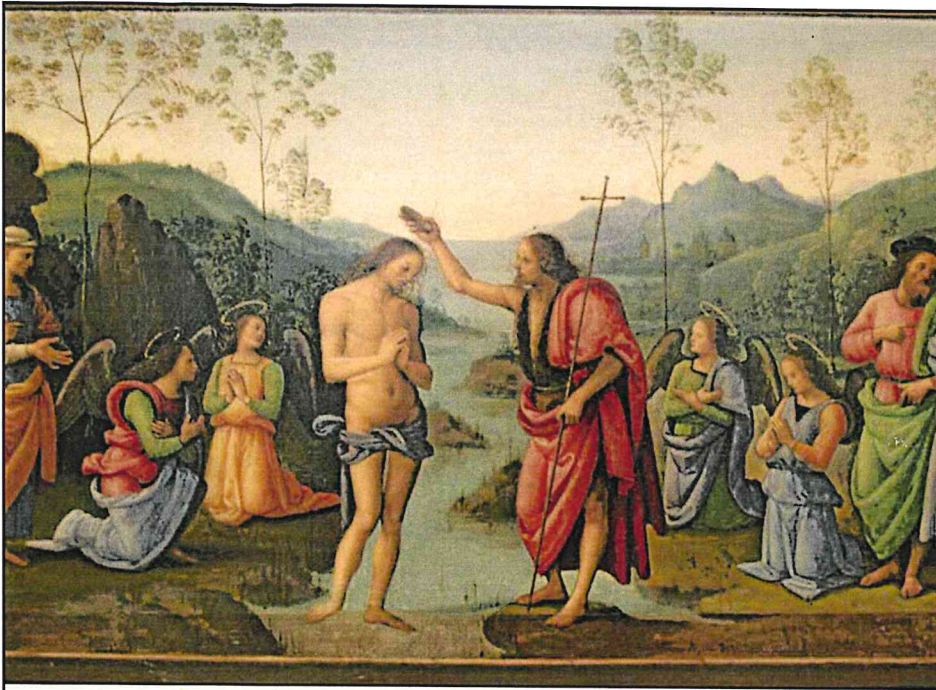
The Gift Cards are sold year-round and make the perfect gift for any occasion.

Gift Cards are sold after all the weekend masses & at the Parish Office,
 Monday—Friday, 9 A.M.—5 P.M.

Safeway 50.00 & 100.00	Target 25.00
Chevron 50.00 & 100.00	Amazon 25.00
Visa 50.00 & 100.00	Ross 25.00
Shell 50.00 & 100.00	Starbucks 10.00
Union 76 100.00	

TAX CONTRIBUTIONS

The 2024 Tax Contribution information is available. Please call the Parish Office at 650-359-6313 to request your Tax Contribution Letter, preparation time takes 1-1/2 weeks.



The Baptism of the Lord

January 12, 2025

As we celebrate this feast of the Baptism of the Lord, we can study His actions at the Jordan River as a powerful example of servant leadership. We see in Jesus a type of leadership that is characterized by humility and leading by example.

Certainly, the sinless Savior did not need a baptism of repentance! But Jesus humbly made Himself one with his people to draw us to Him and create a relationship with us so that we would be open to His teachings and influence.

As a servant leader, we also see that Jesus leads by example. He doesn't just tell the people they need to be baptized. He shows them how and does it Himself to teach them. To lead like Jesus, we, too, must "walk the walk" and not just "talk the talk." If we want those who we lead to be generous and hard-working, then we must show them how to do this by demonstrating generosity and hard work ourselves.

Immediately after His baptism, we learn of the powerful affirmation of the Father who opens the heavens, sends the Holy Spirit upon Jesus in bodily form, and says audibly, "This is my beloved Son with whom I am well-pleased." Let us be filled with gratitude for our amazing God and be reminded that when we are grateful followers of Jesus and servant-leaders in imitation of Him, the Father will be well-pleased with us, too.

Let us be filled with gratitude for our amazing God and be reminded that when we are grateful followers of Jesus and servant-leaders in imitation of Him, the Father will be well-pleased with us, too.

JANUARY 19, 2025 SECOND COLLECTION – MAINTENANCE

For the continued upkeep in maintaining the Church to keep the facilities operational and to cultivate and care for the gardens, trees and grounds surrounding St. Peter Church.

TOP 3 EXCUSES FROM SIBLINGS WHO DON'T HELP WITH CAREGIVING

By Carol Bradley Bursack

Unfair as it may seem, even in families with many adult children, one sibling usually becomes the primary caregiver for their aging parents. In many families, such as mine, this person is the one who lives the closest to the parents and/or is most suited for the task of caregiving. In my case, I fit both criteria. But this didn't keep my sister, who lived about 50 miles away, from coming to town nearly every weekend to visit with our parents and lend a hand. However, in some families, this relatively short distance would be enough of an excuse for some siblings to justify helping minimally and infrequently.

Many caregivers ask how to respond to siblings who, after being directly and distinctly asked for help, either skirt responsibility with excuses or react nastily to the request. The proper response will depend entirely on the sibling and the nature of the family relationship. Let's look at a few examples and contemplate responses. Perhaps these can inspire other ideas for how to handle your unique circumstances.

REASONS WHY SIBLINGS WON'T HELP WITH ELDERLY PARENTS

EXCUSE #1: "I DON'T HAVE THE TIME"

This is probably the most used reason for not pitching in. While it may seem innocent enough at first, this statement implies that you, the primary caregiver, have all the time in the world. What many non-caregivers do not understand is that this responsibility can grow from running a few errands each week into a full-time job in the blink of an eye. Primary care providers often must quit paying jobs, turn down promotions, and miss their kids' events, games, and performances in order to be available to care for an aging parent. These caregivers also place their own well-being on the back burner to ensure their care recipient, family and career are not neglected. From the outside, it may look as though caregivers have the time, but in most cases, they have made the time—often through great personal sacrifice.

Having the time is also relative in that caregiving is physically and emotionally a 24/7 job. All caregivers need **respite**—a break from the constant stress of being the ONE person responsible for everything. Siblings could provide that relief, either in person or by offering to help pay for sources of respite care like **in-home care** or **adult day care**. When this option is suggested to siblings, some jump on board but many don't. Those who do not usually offer up excuse number two.

EXCUSE #2: "I DON'T HAVE THE MONEY"

Let's face it, most caregivers "don't have the money" either. Unless there's a personal care agreement in place, family **caregivers usually don't get a salary**. That not only affects their current financial status but also their future. Caregivers aren't paying into Social Security or contributing to retirement accounts if they quit their jobs. Therefore, those of us who have given years of our lives providing care often find our own retirement years woefully underfunded. Yet, many of us stay home from a paying job to care for an elder, thus we appear to "have the money." It's understandable that most long-distance siblings cannot provide regular hands-on care and respite. It's costly and time consuming to travel, so visits are probably rare. However, there are still ways that family members can contribute from afar. Let's say you have a brother in a distant state who says he'd be happy to help out financially, but he just doesn't have the money.

Maybe he's being honest, but there are nonmonetary ways he can contribute. The key issue here is whether he actually wants to. He can take over some of the bookkeeping tasks that suck time from your day or handle Medicare issues and other **health insurance decisions**. He can help you research financial assistance programs and potential senior living options. Contributing to smaller purchases and scheduling a weekly phone call with your parent (s) can even be helpful. Internet research and digital communication make it easy for siblings to pitch in, regardless of where they live.

Do your best to suggest ideas and alternatives that "mesh" best with your sibling's schedule and budget. Getting them to agree to something small initially will make it easier to recruit their help with larger requests as your parents' care needs increase. Growing frustrated with a brother or sister and making demands may only breed tension and discourage them from getting involved.

EXCUSE #3: "I CAN'T BEAR TO SEE MOM/DAD LIKE THAT"

This last excuse is very common, especially in situations where a parent has been diagnosed with a progressive illness like dementia. It is undeniably difficult to watch someone you love decline, but it isn't fair to assume that it is any easier for a caregiver to witness it firsthand. You accompany them to doctor's appointments, give them their medications and help them with everything, including very intimate **activities of daily living**.

If anyone knows how painful aging can be, it's primary caregivers. The first time I took my dad to the bathroom is branded on my brain. I was sick over the thought that he'd find the process humiliating. Thankfully, it didn't seem to bother him, but it was very hard on me. This is what caregivers go through daily.

Many siblings who cite this excuse have no experience with helping their parents bathe, use the toilet or eat. Please don't misunderstand me. Most of us are honored to be able to help our elders through these difficulties. It's the sadness of coping with their decline that causes our pain, especially when we feel alone in experiencing it. Don't our siblings understand that we can't bear to see Mom or Dad like this either? Probably not. Maybe we are just braver than they are. Maybe we are just more dutiful. Maybe we are just, well, put on the spot. Whatever the reason, we step up to the plate and do what is required. If we're uncomfortable, we do it anyway. Sometimes pointing this out to an uninvolved sibling can get the message across, while other times it can provoke anger and cause them to become defensive.

BE DIRECT WITH REQUESTS FOR HELP

So, how do we work past these excuses? Start by reflecting on your communication with your sibling(s). Many primary caregivers mistakenly assume that implied requests or subtle hints should be sufficient for siblings to realize that they should step up. Unfortunately, though, this is rarely effective. If you have a sibling who you feel is not contributing to Mom or Dad's care, it's important to consider if you have directly asked them for help with caregiving and given them a chance to participate. It can be very difficult for someone on the "outside" who has never cared for an elder before to understand and anticipate a caregiver's or senior's needs. Some uninvolved siblings complain that they don't feel in the loop regarding their parents' care, and this does happen. You don't want to be the one who is indirectly hindering their involvement. In my opinion, a caregiver who never directly asks for help forfeits the right to complain about unaccommodating siblings.

Surely, your brother or sister *should* be able to empathize with your frustrations and put two and two together to realize you can't do this on your own. But, many siblings need a bit of a kick in the pants to act on it. This is where clarity, preparation and delivery are crucial.

ST. PETER CATHOLIC CHURCH

Sit down and create a list of realistic tasks or objectives that your sibling can help with. This way, you will have a slew of different ideas prepared for when you speak with them about pitching in. Whether you talk on the phone, via email or in person, be very direct about what you are seeking. Don't mince your words. Tell them that, "Mom/Dad and I really need your help. Are you willing to step up and contribute?" If they say yes, have your first idea at the ready and make it very specific.

If this task involves time, but they do not have any to spare, then suggest a less time-consuming idea or request a specific (but reasonable) amount of money for someone else to cover one of these tasks instead. If none of these ideas works, then ask them what they *can* contribute. Try to be flexible. Coming away with even a tiny amount of help is better than getting angry and continuing to wear yourself out by doing everything on your own. You may need to speak a few times to brainstorm together and come to an agreement on what would be useful, how it will be taken care of and when, etc.

Don't forget to be gracious if your sibling is receptive to taking on a more active role in caring for your parent(s). Trying to work together to find solutions can be slow going and downright infuriating at times, but it's important to make sure they feel appreciated. It will help communicate how badly you need their assistance. If your siblings are truly interested and they honestly can't provide any hands-on time or money, it's important to still keep them updated on your life as a caregiver and your parents' health status. This may work to your advantage if their schedule or financial situation changes or they come to the realization that they should be doing more for the family. The latter doesn't happen often, but it is feasible.

WHAT TO DO IF DIRECT REQUESTS DON'T WORK

If you've used all the approaches explained above and either get brushed off or told off, where do you go from here? Ignoring their lack of interest and involvement doesn't change the fact that you need backup. Ultimately, how you proceed is entirely up to you. I'll share with you one example of how a caregiver I know handled this unfortunate situation.

This woman sent me a copy of a letter she had written to her siblings. In the letter, she expressed that she had tried very hard to let them participate in helping their parents through their last years. She reiterated the requests she'd made many times before and said she accepted their denial. She then politely informed them that she would no longer ask for their help. She offered her condolences to her siblings for all that they were missing out on during these years and for the regrets they may have later on. She explained that she chose to help their parents and looked forward to living a life of peace after their passing. She signed off lovingly.

This woman then moved on. She had gotten these difficult feelings off her chest and accepted her reality as a caregiver. It was up to her to seek out other sources of help. She conducted her research, connected with national and local organizations that support caregivers, and found sources of affordable respite. This woman made it through without her siblings. She chose to let go of her anger and change her situation to include assistance. I believed her when she said she was the only one in her family that felt at peace after her parents passed away. She knew that she had done what was right to the best of her ability.

Each caregiver must know when to fight and when to give up the battle and move on. There is no right or wrong time. It's up to you.



JANUARY 12, 2025 THE BAPTISM OF THE LORD

JANUARY 1, 5, 2025 COLLECTIONS		PARISH CALENDAR JANUARY 13-19, 2025	
1/1 Solemnity of Mary, Mother of God	\$1,110.00	<u>MON 13</u>	
1/5 Offertory	\$3,961.77	3:00 P.M.	Chaplet of Divine Mercy
1/5 Archdiocese Annual Appeal	\$1,508.00	5:30 P.M.	Evening Mass
WE SHARE ONLINE COLLECTION		<u>TUE 14</u>	
December 28-January 3, 2025		8:30 A.M.	Daily Mass
Total Collection \$3,220.19		3:00 P.M.	Chaplet of Divine Mercy
Offertory	\$1,427.23	3:45 P.M.	Religious Education Classes
Maintenance	\$358.50	3:45 P.M.	Confirmation Class
Church Roof Fund	\$9.10	7:00 P.M.	RCIA Class
Special	\$287.50	7:00 P.M.	Pastoral Council/Liturgy Meeting
Religious Education	\$13.90	<u>WED 15</u>	
St. Vincent de Paul	\$33.47	8:30 A.M.	Daily Mass
ONLINE DONATION Register with St. Peter We Share		3:00 P.M.	Chaplet of Divine Mercy
Online Giving Service in the privacy of your home		3:00 P.M.	Religious Education Classes
to keep your information private and secure. It is		3:45 P.M.	Confirmation Class
convenient, fast, easy & safe. You can make a one-		7:00 P.M.	Confirmation Class
time donation or a recurring donation. This saves		7:00 P.M.	Choir Rehearsal
time writing out checks or making sure you have		<u>THU 16</u>	
cash on hand.		8:30 A.M.	Daily Mass
To sign-up for St. Peter's online giving, <i>We Share</i> ,		3:00 P.M.	Chaplet of Divine Mercy
please visit https://stpeterpacifica.org and go to the		<u>FRI 17</u>	
Donation Heading at the top bar.		8:30 A.M.	Daily Mass
		3:00 P.M.	Chaplet of Divine Mercy
2024 AAA		<u>SAT 18</u>	
Assessment \$65,782.00	Collected \$38,831.00	3:30 P.M.	Sacrament of Reconciliation
Balance \$26,951.00		4:30 P.M.	Mass
The final reconciliation for 2024 status report will be		<u>SUN 19</u>	
mailed to St. Peter, Pacifica in Mid-January 2025.		8:30 A.M.	Mass
		11:00 A.M.	Mass

FLOCKNOTE

Flocknote allows St. Peter to notify all those subscribed at a moments notice, to keep you up to date of important information, by email or text. If you would like to receive Flocknote, these are three easy ways to stay connected with the Parish.

1. Visit <https://saintpeter.flocknote.com> and provide your name, email address and mobile number using the form, **or**
2. Using your mobile phone, text the word **saintpeter** (one work, no spaces) to this number: **84576**. With in 30 seconds, you will get a reply with instructions on how to finish signing up, **or**
3. Simply legibly write your first and last name, email address and/or mobile number on a clean sheet of paper and mail it back to the Parish Office or drop it in the rectory front door mail-slot marked "Flocknote." (Please do not drop your information in the outside mail-box.)



TERESA HOSKINS

REAL ESTATE, INC.

Realtor® DRE#01905175
BA Economics
KW Peninsula Estates
teresa.hoskins@kw.com



Please scan
for a free
Market Report.

KW Advisors

Each office is independently
owned and operated.

415.519.9729



MUSCIO

WIRED, CONNECTED & PROTECTED

650.359.5360

Home – Security Systems
Electrical Services – Telephone Systems

Residential | Commercial | Industrial
License No. C10-309056

DUGGAN'S SERRA MORTUARY



Family Owned & Operated

Dan, Matt & Joey Duggan

Traditional & Cremation Services

3 Indoor Reception Rooms

2 Outside Reception Areas

Unlimited Parking

Most Convenient & Reasonable Costs

650.756.4500

500 Westlake Avenue



Please scan with your cell phone
to visit Duggans-Serra.com

KATE FENECH

PSYCHOTHERAPIST

LMFT #134210



Healing Starts Here

AL'S CARPETS

carpet – vinyl – tile
laminates – hardwood
Flooring

Allen S. Olsen

650.355.0640

ST. PETER CATHOLIC CHURCH

700 ODDSTAD BLVD., PACIFICA, CA 94044

Tele: 650.359.6313 | Email: stpeterpacifica@comcast.net

BULLETIN ADVERTISEMENT

We are grateful
for our
Advertisers

HST Home Sales Team, Inc.



Noemi Barba Aguiñaga
Realtor®—Hablo Español

DRE # 02200242

Noemi@HomeSalesTeamInc.com

650.201.0277

580 Crespi Dr., Ste. A2, Pacifica, CA 94044

OmniFund, Inc.

Integrity • Honesty •
Competitiveness



Melissa Irish

Melissa Wagner Irish

Home Loan Officer

NMLS 2113491 | DRE 02167153

650.455.8236 cell

mwagnerirish@gmail.com

Pre Approval, Purchase, Refi | Contact me to learn your options.
Knowledge is power.

Space Available

Please support our *Advertisers*
and refer your family and
friends to them.

St. Peter is grateful for the help
and support they give to our
Parish.

Space Available

St. Peter Advertisement is
advertised on the back page of
our Bulletin, our Website and
our Facebook Page.

5-day
Devotional Candles
\$3.50 per candle
at the Parish Office



Space Available

Space Available

Are you the owner of a
Small or Large Business?
Advertising is the best way to
reach new business and to
reach the people who matter
most to your business.