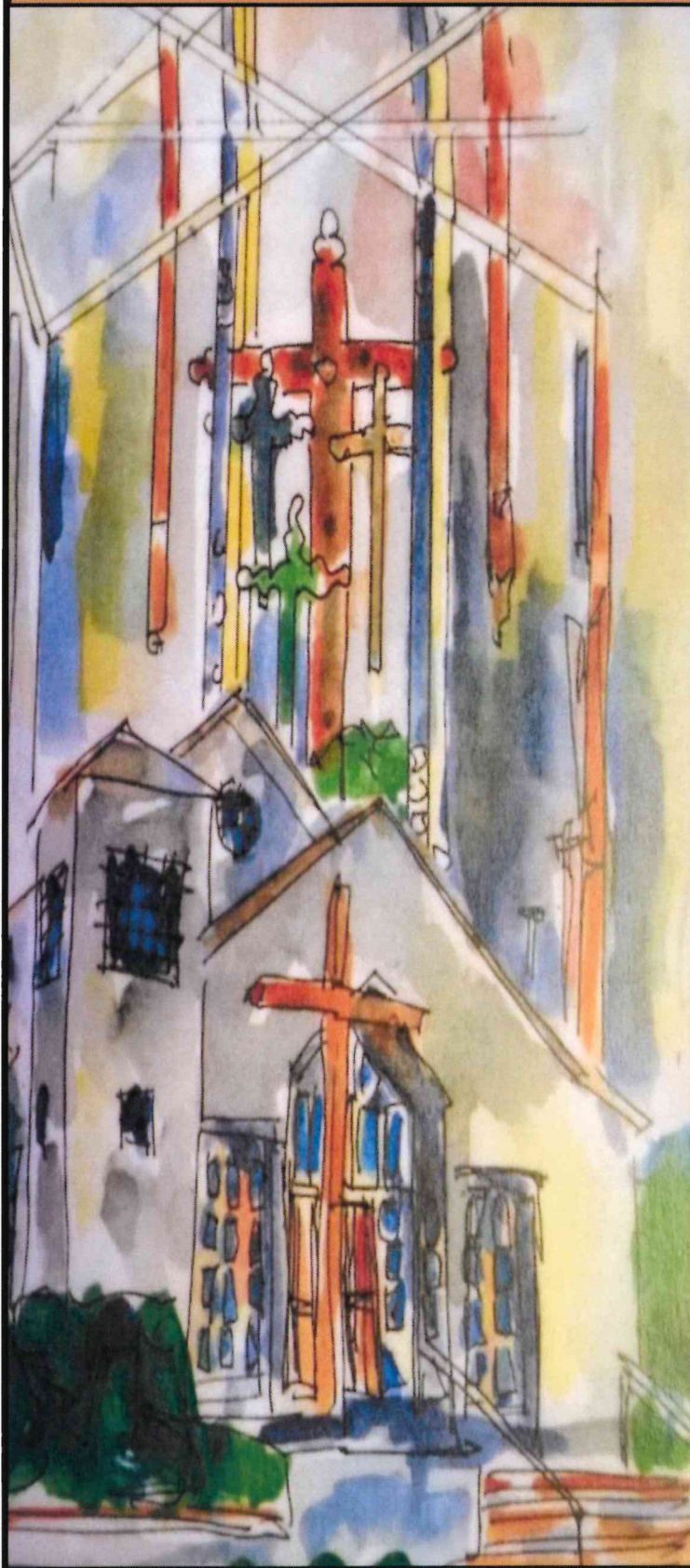


St. Peter Catholic Church

700 Oddstad Blvd., Pacifica, CA 94044



Contact Information

Parish Office	650-359-6313
Facsimile	650-359-2262
Elementary Religious Education and the 7th & 8th Grade Confirmation	650-359-5000
E-mail	stpeterpacificacomcast.net
Website	https://stpeterpacifica.org
Facebook	www.facebook/stpeterpacifica

Sacrament of Eucharist

Mass Schedule

Weekend Mass

Saturday: 4:30 P.M.

Sunday: 8:30 A.M. and 11:00 A.M.

Weekday Mass

Monday: 5:30 P.M.

Tuesday, Wednesday, Thursday & Fridays: 8:30 A.M.

Holy Day Mass

Vigil: 4:00 P.M. Day: 8:30 A.M. & 7:30 P.M.

Sacrament of Reconciliation

Saturday: 3:30 P.M. — 4:00 P.M., or by appointment.

Sacrament of Baptism

Contact Sister Hilda Sandoval, 2 months in advance.

Sacrament of Marriage

Contact the Parish Office, 6 months in advance.

August 2, 2026

Eighteenth Sunday in Ordinary Time

*Jesus has pity on the crowd and miraculously
feeds them. In his compassion,
the Lord answers all our needs,
thus renewing his covenant of love with us.
Nothing can ever separate us
from the love of Christ.*

St. Peter Catholic Church

Parish Staff

REVEREND JEROME P. FOLEY, Pastor.

SISTER HILDA SANDOVAL, M.F.P., Pastoral Associate and Director of Faith Formation,
hilsandoval63@gmail.com.

MR. ANTONIO EIRAS, Director of Music Ministry, tonyeiras@mac.com.

MS. VERA GONZALEZ, Office Manager, stpeterpacifica@comcast.net.

Mr. Tim Durkin, Outreach to the Elderly and Homebound

Parish Council

Mrs. Kathleen Bissell, Chair

Liturgy Committee

Mrs. Eileen Barsi, Chair

Finance Committee

Mr. Dale Fajardo, Chair

Mass Intentions

August 3-9, 2026

Readings

Mon 3 5:30 P.M. John Ruben Ybarra
Tue 4 8:30 A.M. †Santiago Sandoval
Wed 5 8:30 A.M. †Jorge R. Branco
Thu 6 8:30 A.M. †Hilda Luisa Mc Carroll
Fri 7 8:30 A.M. †Celeste Gomes
Sat 8 4:30 P.M. †Cyriaco De Souza
Sun 9 8:30 A.M. Christopher & Nicole Ybarra
11 A.M. People of St. Peter Parish

Mon 3 Reading *Jeremiah* 28:1-17
Responsorial Psalm 119:29,43,79-80,95,102
Gospel *Matthew* 14:22-36
Saint John Vianney, Priest
Tue 4 Reading *Jeremiah* 30:1-2,12-15,18-22
Responsorial Psalm 102:16-23,29
Gospel *Matthew* 14:22-36 or Mt 15:1-2,10-14
The Dedication of the Basilica of Saint Mary Major
Wed 5 Reading *Jeremiah* 31:1-7
(Psalm) *Jeremiah* 31:10-12b,13
Gospel *Matthew* 15:21-28
THE TRANSFIGURATION OF THE LORD
Thu 6 Reading I *Daniel* 7:9-10,13-14
Responsorial Psalm 97:1-2,5-6,9
Reading II 2 *Peter* 1:16-19
Gospel *Matthew* 17:1-9
Saint Sixtus II, Pope & Companions, Martyrs
Saint Cajetan, Priest
Fri 7 Reading *Nahum* 2:1,3;3:1-3,6-7
(Psalm) *Deuteronomy* 32:35c-36b,39abcd
Gospel *Matthew* 16:24-28
Saint Dominic, Priest
Sat 8 Reading *Habakkuk* 1:12-2:4
Responsorial Psalm 9:8-13
Gospel *Matthew* 17:14-20
Nineteenth Sunday in Ordinary Time
Sun 9 Reading I 1 *Kings* 19:9a,11-13a
Responsorial Psalm 85:9-14
Reading II *Romans* 9:1-5
Gospel *Matthew* 14:22-33

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August 2, 2026 Eighteenth Sunday in Ordinary Time



Today's readings should inspire the Christian steward with deepened gratitude for our God, who loves us with both fierce and tender love. We must make an intentional response each day, returning love for Love.

In our First Reading from Isaiah, we hear God calling us — even inviting us — to come and be filled with the spiritual nourishment He longs to give us. "Come, receive grain and eat; Come, without paying

and without cost, drink wine and milk!" Then He

continues, "Heed me, and you shall eat well, you shall delight in rich fare." Notice that He uses the word "heed" and immediately repeats the invitation: "Come to me heedfully, listen, that you may have life."

God never forces Himself upon us. We must intentionally seek Him through prayer, the sacraments, and a life of discipleship. We must choose Him over our own selfishness and the distractions of the world. When we do, He remains faithful to His promise: "I will renew with you the everlasting covenant, the benefits assured to David."

We can have complete confidence in that promise. In our Second Reading from Romans, St. Paul reminds us that nothing and no one can separate us from the love of Christ. No anguish, distress, persecution, famine — and we might add illness, financial hardship, family struggles, or uncertainty about the future — nothing can keep our God from loving us. His love is so powerful that, as St. Paul tells us, "in all these things we conquer overwhelmingly." God truly holds us in the palm of His hand.

And yet, this assurance is only the beginning of His gifts. Today's Gospel recounts the miracle of the multiplication of the loaves and fish, a miracle that foreshadows the gift of the Eucharist, where Christ feeds us not simply with bread, but with His own Body, Blood, Soul and Divinity. It is such an extraordinary gift that it is easy to focus only on the miracle itself. But the opening verses reveal something equally beautiful — the compassionate heart of Jesus.

The Gospel begins by telling us that Jesus withdrew by boat to a deserted place after learning of the death of His cousin, John the Baptist. Seeking a moment of solitude, He instead found crowds waiting for Him. Yet rather than turning them away, "his heart was moved with pity for them, and he cured their sick."

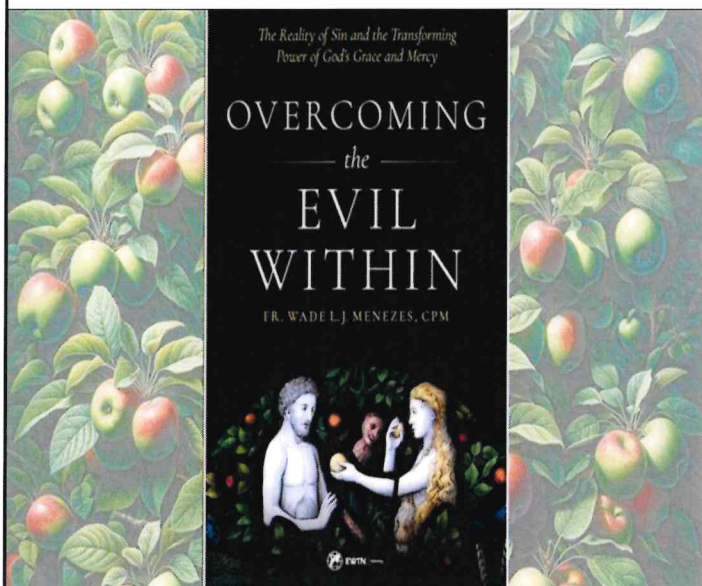
What generous and compassionate love our Lord shows. But even that is not enough for Him. He remains with the people, teaching and ministering to them until evening. When the disciples suggest sending the crowds away to find food, Jesus instead invites them to become part of His plan. He tells them to feed the people, then miraculously multiplies the few loaves and fish they are able to offer.

What a privilege it was for those disciples to participate in Christ's work. That same privilege is ours as Christian stewards. Let us respond with grateful hearts to such amazing love.

9 CHIEF BENEFITS OF CONFESSION

Why go to Confession? Here are some excellent reasons — know them, love them, defend them and share them.

—By Father Wade Menezes, CPM



This essay was adapted from Father Wade Menezes' book Overcoming the Evil Within: The Reality of Sin and the Transforming Power of God's Grace and Mercy.

In the Catechism of the Catholic Church, the Sacrament of Confession is given several other important names that convey its very nature and the benefits received by the person who avails himself of this sacrament. In CCC 1423-1424, Confession is beautifully and rightly referred to as the Sacrament of Conversion, the Sacrament of Penance, the Sacrament of Forgiveness and the Sacrament of Reconciliation.

These five titles should tell us something about the magnificent “scope” of this sacrament and its aid to the human soul, human life and the *spiritual life*. In this regard, it's worth remembering, too, that the Sacrament of Confession is one of only two sacraments that can be received both repeatedly and frequently (the Sacrament of the Eucharist being the other). Why is this? Because these two sacraments sustain us in our daily journey through life — regardless of one's vocation and state in life.

Whether one is single, married, widowed, or a consecrated bishop, priest, deacon, or consecrated religious man or woman, Confession greatly aids us in our journey to our ultimate end: Heaven, the beau-

fic Vision, Eternal Beatitude. But how does Confession do this? Well, I can think of nine ways. I cull these “Nine Benefits of Confession” from the teaching of Pope Pius XII.

In his landmark encyclical *Mystici Corporis Christi* on the Catholic Church as the Mystical Body of Christ (promulgated universally in the midst of World War II in 1943), Pope Pius XII defends the practice of frequent confession — even if one has only venial sins to confess.

He says that through the regular reception of the Sacrament of Confession, “genuine self-knowledge is increased, Christian humility grows, bad habits are corrected, spiritual neglect and tepidity are resisted, the conscience is purified, the will strengthened, a salutary self-control is attained, and grace is increased in virtue of the Sacrament itself.” (*Mystici Corporis Christi*, 88).

So, whether it be just venial sins that are confessed, or mortal sins, or a combination of both, these are the nine chief benefits of this particular sacrament. Let's look at each of these benefits and explain them further:

1. Self-knowledge is increased. Many saints make it clear in their writing and teaching that self-knowledge is needed to grow in holiness. This means knowing and admitting your virtues so you can advance them in your life, and knowing and admitting your vices so you can uproot them out of your life.

2. Christian humility grows. Jesuit Father John Hardon writes in his *Modern Catholic Dictionary* that humility is the “moral virtue that keeps a person from reaching beyond himself. It is the virtue that restrains the unruly desire for personal greatness and leads people to an orderly love of themselves based on a true appreciation of their position with respect to God and their neighbors.” Not only does the practice of frequent Confession help us to grow in the important virtue of humility, but the very act of making a good examination of conscience

(required before even stepping into the confessional) is humbling — and it helps us to grow in self-knowledge.

3. Bad habits are corrected. Little by little, through frequent Confession and honesty with one's confessor, who will offer advice accordingly, bad habits can be overcome. Frequent, worthy reception of the Sacrament of Confession means frequent graces received from that sacrament for those bad habits.

4. Spiritual neglect is resisted. Let's say you are struggling to establish the practice of praying the daily Rosary or a daily Chaplet of Divine Mercy, or even just making a Morning Offering upon rising each day. Your failures to practice these devotions would be examples of "spiritual neglects" that cause your spiritual life to suffer. Regular Confession can help you "get back on track," especially if your confessor assigns them to you as a penance and so you begin to carry them out more faithfully on your own.

5. Spiritual tepidity is resisted. Let's say you do, indeed, carry out such spiritual practices — but only *infrequently*. In other words, you carry them out in a tepid or lukewarm manner. The graces from frequent Confession can help ignite a renewed spiritual fervor that will help make your daily spiritual life grow stronger and more committed every day.

6. Conscience is purified. Confession of one's sins brings with it a purification and, importantly, peace of conscience. This is tied to the healing aspect of Confession. Indeed, Confession is one of two "healing" sacraments, along with the Sacrament of the Anointing of the Sick. Both of these sacraments aid the body-soul reality of the human person.

7. The will is strengthened. Whereas our intellect is what helps us "to know," our will is what helps us "to choose" (based on properly ordered love as opposed to choosing something based on disordered love). Through the practice of frequent Confession, our wills become strengthened to help us more frequently choose good over evil, virtue over vice, and the beneficial over the malicious.

8. A salutary self-control is achieved. Only you can control you. Frequent Confession makes us simply want to "do better" in all aspects of daily living. It's

the grace of the sacrament that propels us to control our lives better by practicing an ordinate love toward persons, places and things and not an inordinate, or disordered, love toward them.

9. Grace is increased in virtue of the sacrament itself. Every sacrament, when it is received worthily, increases sanctifying grace in the soul. For Eucharist and Confession — again, the only two sacraments that can be received both repeatedly and frequently — this is especially true. In fact, the Sacrament of Confession can even help to perfect the grace of our Baptism. This is because Baptism, while wiping away the Original Sin we inherit from our first parents, also wipes away any personal sin (also called "actual sin") we might have (i.e., any venial or mortal sin). Confession helps rid us of personal sin committed *after* Baptism. Illustrating these truths, Pope St. Paul VI (echoing Pope Pius XII), stressed the "great value" of "frequent and reverent recourse to this Sacrament [of Confession] even when only venial sins are in question." When he promulgated the new rite of the Sacrament of Penance following the Second Vatican Council, he stated that this practice "is a constant effort to bring to perfection the grace of our Baptism." (Dec. 2, 1973).

We should add, though, that going to Confession too frequently out of scrupulosity is not helpful to the penitent, nor is it the intention of the sacrament. Scrupulosity may be defined as seeing sin where there is no sin at all but rather, say, a simple fault; or, seeing mortal sin when, in reality, it is a venial sin. Indeed, scruples can stunt one's growth in the spiritual life. Don't be your own savior — let Jesus Christ be your Savior.

So there you have it: "Nine Chief Benefits of Confession." Know them, love them, defend them and share them. While Catholics may stay away from the Sacrament of Confession for a variety of reasons and others may partake of the sacrament more regularly and frequently, many people in these categories probably don't know or realize its wonderful, specific benefits; they would be good to be reminded. This topic could serve as a wonderful point of evangelization for the Sacrament of Confession to help revive its regular reception — say, once a month — in a broken and wounded world.

Registration forms for **Religious Education** (Kinder-6th Grade) and **Confirmation** are available at the Church Narthex, the Religious Education Office, the Parish Office, and in the St. Peter, Pacifica Web-site, <https://stpeterpacifica.org>.

Registration Fee as of August 1, 2026.

One child \$195.00. Two children \$235.00. Three or more children \$270.00.

Religious Education Classes begin Tuesday, September 15 and Wednesday, September 16, 2026.

Tuesday, September 15, 2026 from 3:45 P.M. to 5:00 P.M.

Wednesday, September 16, 2026 from 3:00 P.M. to 4:15 P.M.

Confirmation Classes begin Tuesday, September 15 and Wednesday, September 16, 2026.

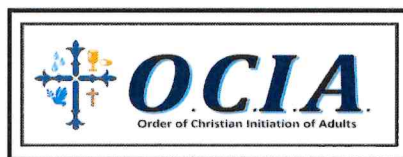
Tuesday, September 15, 2026, First Year—Grade 7, from 3:45 P.M. to 5:00 P.M.

Wednesday, September 16, 2026, First Year—Grade 7, from 3:00 P.M. to 4:15 P.M.

Wednesday, September 16, 2026, Second Year—Grade 8, from 7:00 P.M. to 8:30 P.M.

For additional information regarding **Religious Education** contact Sister Hilda Sandoval, M.F.P. at 650-359-5000 or by email at hilsandoval63@gmail.com and for **Confirmation** call 650-359-5000 or by email at Peterscoveyouth@gmail.com.

RETURN REGISTRATION FORMS TO SISTER HILDA SANDOVAL



Do you or do you know of someone who...

- ◇ Has expressed an interest in becoming Catholic?
- ◇ Would like to learn more about the Catholic Faith?
- ◇ Was baptized Catholic as a child, but has not celebrated the Sacraments of Confirmation and Eucharist?

*Classes begin in September.
Exact date to be Determined.*

We offer the opportunity to come together to learn more about the faith. Sessions focus on our experience of God, the teaching and experience of the church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter Season.

You are welcomed to participate in the process with your questions,
your insights and your faith story in a warm accepting setting.

For additional information, or to register in this program, please contact Sister Hilda Sandoval, M.F.P. at 650-359-5000 or by email at hilsandoval63@gmail.com.

August 2, 2026 Eighteenth Sunday in Ordinary Time

Sunday Collection — July 19, 2026

Offertory \$3,547.50

Online Collection | July 18 — 24, 2026

Offertory	\$735.03
Maintenance Fund	\$9.01
Church Roof Fund	\$9.01
Additional Donation	\$18.60
St. Vincent de Paul	\$104.93
Total	\$876.58

Thank you for your kindness.

*May your day be filled with joy
and gentle blessings.*

Parish Calendar August 3 — 9, 2026

Mon 3	3:00 P.M. Chaplet of Divine Mercy 5:30 P.M. Evening Mass
Tue 4	8:30 A.M. Daily Mass 3:00 P.M. Chaplet of Divine Mercy
Wed 5	8:30 A.M. Daily Mass 3:00 P.M. Chaplet of Divine Mercy
Thu 6	8:30 A.M. Daily Mass 3:00 P.M. Chaplet of Divine Mercy
Fri 7	8:30 A.M. Daily Mass 3:00 P.M. Chaplet of Divine Mercy
Sat 8	3:00 P.M. Chaplet of Divine Mercy 3:30 P.M. Sacrament of Reconciliation 4:30 P.M. Mass
Sun 9	8:30 A.M. Mass 11 A.M. Mass



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2026 Assessment: **\$65,022.00**

Collected: \$24,521.00 Balance: \$40,502.00

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fill-out and return form to the Par-
ish Office *or* come in to the office.



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August 2, 2026 Eighteenth Sunday in Ordinary Time